

# What is MBAR?

Monterey Bay Area Roundup (MBAR) is a biannual conference in Monterey, California, offering a shared experience for AA, Al-Anon, Ala-Teen, and Spanish-speaking communities. Join us for a weekend of marathon meetings, events, raffles, and speakers to provide resources, and encouragement, fostering sobriety and personal growth.

*~KEEP IT SIMPLE~*

CONFERENCE DATES: 9/4/26-9/6/26  
MONTEREYBAYAREAROUNDUP.ORG